

Tamarac Times

Tamarac Dental Care/ 303.773.1211

Summer Road Trip

We took a road trip of the Southwest a few months back. Thanks to all of you who had suggestions on what to see and do in Utah, Arizona, and New Mexico! We really enjoyed the slot canyons of Utah and Arizona, the beauty of Sedona and the green chile in New Mexico! I wish we had time to do more!



Having tooth pain in your upper back teeth? It can be from a "sinus" toothache. Your maxillary sinuses are located above the back molars and sometimes the premolars. If these sinuses are inflamed or infected, teeth can become painful or sensitive. It can cause them to throb or become tender to cold or hot. Often these symptoms will go away when the sinuses heal or your allergies get better!

Curious About Whitening?

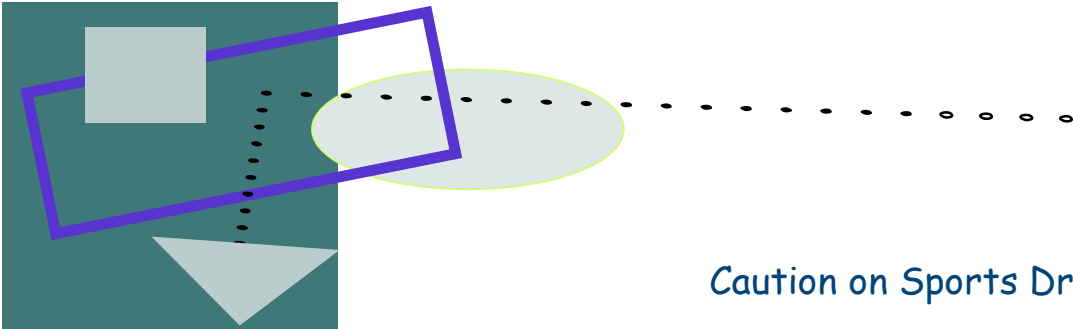


Looking to brighten your smile but not sure if it will harm the teeth? Whitening has been found to be effective and safe. I typically recommend tray whitening for the best results. This involves wearing trays with whitening gel for about an hour a day for an average of 14 days. Check to see if it would work well with your teeth.

One of the side effects that comes with whitening is sensitivity. Your teeth may become more sensitive to cold or air. This is only temporary and should lessen once treatment is finished. Another is irritated gums. If the solution comes in contact with your gums, they can become sore which is temporary also.

What is the cost for tray whitening? \$99 for custom trays and gel

Do you have trays already? Through October we will be offering booster kits for \$40!



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We're on the Web!
www.huserdentistry.com

Caution on Sports Drinks

The heat of summer is upon us! Beware of rehydrating with sports drinks! Prolonged consumption of sports drinks has been linked to erosive tooth wear, which can soften and weaken teeth. So consume sports drinks in moderation and wait at least 30 minutes before brushing your teeth to allow softened enamel to reharden.

Dental Fun Facts

In an average lifetime, a person produces
10,000 gallons of saliva

The first toothbrushes were twigs that our
ancestors would chew on until they became
softened and brush-like

Thinking About Buying a Home Soon?

Real Estate Broker Mark Kruse and mortgage lender Matt Lee will be hosting a free seminar covering the whole home buying process, the ins and outs of the credit scoring models, the \$8,000 First Time Home Buyer tax credit, as well as provide a briefing on the current real estate and interest rate markets.

There are two sessions:

Thursday, September 10, at 6:00 pm
Saturday, September 26, at 10:00 am

Both are at the Bear Valley Library – at Sheridan and 285.
5171 West Dartmouth Denver, 80236

RSVP soon as there are only a few spots left to
matt@coloradofirstmortgage.com or 720-318-1130.